



SenseCere

Introduction -

SenseCere is a Parent and Professional Team that was created to help parents unpick their children's behaviours. Using their vast knowledge and experience SenseCere wanted to offer answers to the question's parent's had about their children's behaviours and difficulties. They knew that a lot of children with additional needs struggle with sensory processing. This is not a new fact; however it is a fact that remains poorly acknowledged and understood amongst Parents and Professionals alike. SenseCere wanted to break down the barriers for parents to access this information and start using that knowledge so they could help their children.

SenseCere Workshop's can benefit all Parents and Professional working with Children. It is however especially useful for Children who have sensory needs such as; ADHD, Autism, Emotional and behavioural difficulties, Sensory Impairments, children that may have missed out important steps in their development such as foster/adopted children.

What SenseCere delivers is a course that gets down to the nitty – gritty of behaviours answering questions such as why does my child bite? Scream? Run everywhere? Not listen? SenseCere answers all these questions and more, by providing you with information of the sensory systems. Information that is relevant to behaviours and in addition looks at the challenges some children face in other areas of life for example eating, personal care and socialising.

SenseCere believes that the bases of this information can then be used for you to add your own knowledge of your child. SenseCere's workshops have proven this method to be hugely successful parents start to recognise their children's sensory challenges, and become confident in supporting their children in these areas. SenseCere provides tips and solution along the way the discussion is always realistic and practical. SenseCere provides you with your own booklet both for during the workshop and the time between providing a basis for your learning and to "trying it out" at home with your child. SenseCere's participants have been amazed at the differences to their family's lives by being able to interpret behaviour.

"I really enjoyed the course; I have come away with so much more knowledge and understanding of my child. I can now try and put what I know into practice, to make my family—happier and of course myself and my son"

"Anyone who works with Children with Additional Needs should go on this course"

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Last year SenseCere worked together with 'Inspiring You', to offer sensory experiences for many children with additional needs. A sensory toy library was created to allow parents to access and trial expensive specialised equipment in order to make informed decisions about whether these items would benefit their child. Parents truly appreciated the one stop shop SenseCere provided. Parents received; information, peer support, practical ideas to support their children as well as equipment. While content that their children were enjoying safe, fun, sensory based activities with experienced and knowledgeable staff.

This Library will continue to be available for Parents attending SenseCere's Workshops.

What Parent's say about SenseCere:

"Thank you so much you have completely changed my life"

"This is a brilliant course, really full of useful information, run by lovely people and put across really well"

What Professional say about SenseCere:

"The exercises were illuminating-*simple but so effective*"

"I have been so inspired by this course! I will be recommending it to everyone."

Find out more about SenseCere and available courses on their website [sensecere.com](http://www.sensecere.com)

Begin your journey to an easier relationship with your child or the children you work with and get in touch with us.

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