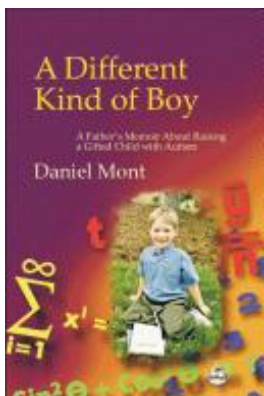




A is for Autism

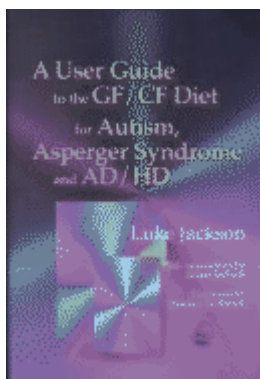
A unique video made by people with autism to help explain what it's like to have autism. This award winning animation is a series of short glimpses into the condition of autism, all contributed by people with ASDs. The narrative is also by people with ASDs on their thoughts and feelings, offering an insight into the problems and pleasures of the many people with autism who are not able to communicate.

Produced by Channel 4, 1992, running time 11 mins.



A Different Kind of Boy by Daniel Mont

A memoir about raising a gifted child with autism. Daniel Mont's son, Alex, can barely name anyone in his class, but he was one of seven fourth-graders in the USA to ace the National Math Olympiad. Mont writes about the joys, fears, frustration and exhaustion involved in raising his son.



A User Guide to the GF/CF Diet by Luke Jackson

What is the gluten and casein free diet? Does it work? What's it like to go on it? Luke Jackson, who is 12 years old and has Asperger Syndrome, tells you everything you need to know - both good and bad. He offers encouragement and practical advice on what to expect when beginning the diet, how to alleviate any initial discomfort, and how to live with the diet. Appendices by Luke's mother provide some of the family's favourite recipes, extensive lists of useful addresses, a food diary for an average week, and suggestions for packed lunches, making the book a really practical source of information.